Teacher's Notes...

Students will prepare $p$ on the 3rd string, $i$ on the 2nd string, and $m$ on the 1st string. This is referred to as **fixed-finger position**.

Students should practice playing each finger individually first, making sure to initiate the movement from the wrist joint of the thumb and from the knuckle of the fingers.

Students will then perform the exercise together while the teacher accompanies them. The teacher can play the written accompaniment or make up their own. Have fun with it! Once the student can play the exercise accurately and with good technique, experiment with different rhythms, dynamics, and tempos. Fixed-finger position can also be moved to a different set of 3 adjacent strings.