On/Off
Left hand warm-up

Teacher's Notes...

Students practice alternating fretted notes with open strings.

The 1st finger will play the 1st fret, 2nd finger will play the 2nd fret, 3rd finger will play the 3rd fret, and 4th finger will play the 4th fret. Left hand fingers should be arched and be placed on the tip of the finger directly to the left of each fret. The 1st finger should lean slightly on the left side of the finger tip (looking from the student's perspective), the 4th should lean slightly on the right side, and the 2nd and 3rd fingers should be placed in the center of the fingertip.

The exercise is notated on the second string but this exercise can be repeated on any string and the teacher can play an appropriate accompaniment. Experiment with different rhythms, dynamics, and tempos.